

The Wolds Federation of Schools

Executive Headteacher Mrs Elizabeth Harros

www.thewoldsfederation.co.uk

ANAPHYLAXIS EMERGENCY INFORMATION

This plan should be produced by parents, school and the specialist/school nurse and if necessary a copy sent to the child's GP.

Name of child:		Child's Photo
Group/class/form:		
Date of birth:		
School year:		
Parent/guardian's name:		
Home contact number:		
Mobile contact number:		
GP/Medical Centre number:		
School nurse number:		

Known triggers:	
-----------------	--

Location of medication in school:	
-----------------------------------	--

Designated school health official:	
------------------------------------	--

Instructions for adrenaline auto-injector use (please tick ✓ the appropriate statement)	
☐	My child does not understand the proper use of their adrenaline auto-injector and requires help to administer it.
☐	My child understands the proper use of their adrenaline auto-injector and in my opinion can advise its use in school.

I give permission for school personnel to share this information with all school staff, follow this plan and administer medication.

If necessary, I also give permission for the school to contact our GP or specialist/school nurse and in the case of an emergency, this plan may be passed to medical personnel.

I assume full responsibility for providing the school with an adequate supply of the prescribed medication with the pharmacist instructions and required delivery devices. I approve this Diabetes Care Plan for my child.

Parent's signature:	Date:
School nurse's signature	Date:
Headteacher's signature	Review Date:



Beswick and Watton CE Primary School
T: 01377 270339
E: beswick@eastriding.gov.uk



Middleton on the Wolds CE Primary
T: 01377 217323
E: middleton.primary@eastriding.gov.uk



Bishop Wilton CE Primary School
T: 01759 368313
E: bishop.wilton@eastriding.gov.uk

INFORMATION AND EMERGENCY CARE

WHAT IS AN ANAPHYLACTIC REACTION?

An anaphylactic reaction is a life-threatening allergic reaction which can happen very quickly. It can be set off by various triggers. The most common triggers are certain foods, medicines, and wasp and bee stings. An adrenaline auto-injector is an injection device filled with adrenaline.

THE FIRST SIGNS OF A SEVERE ALLERGIC REACTION:

- swelling in the throat
- change in voice
- difficulty swallowing or breathing
- wheezing
- dizziness feeling faint
- sudden tiredness

If there is doubt about whether the child's Reactions are severe or not, use the auto-injector.

HOW SHOULD AN AUTO-INJECTOR BE USED?

At the first signs of a severe allergic reaction:

- Call 999, ask for an ambulance and state 'anaphylaxis', even if the child starts to feel better.
- Inject outer thigh through child's clothes
- Lie the child flat with their legs up to keep their blood flowing.
- Stay with the child while waiting for the ambulance.
- If the child still feels unwell after the first injection, use your second injector 5 to 15 minutes after the first.

An adrenaline auto-injector is for emergency, on the spot treatment of an anaphylactic reaction. The child should always go to hospital after using the auto-injector.

Two adrenaline auto-injectors should be available in school for the child at all times.

Check the expiry date on the adrenaline auto-injectors and ask parents to ask their doctor or nurse to prescribe new ones before they expire. Out-of-date injectors may not work.

A NOTE ON BRANDS

Make sure that appropriate school staff have been trained to use the brand of auto-injector prescribed because injection technique may vary between brands. Order and practice using a trainer device (available for free from the manufactures' websites). The brand names of adrenaline auto-injectors currently available in the UK are Emerade, EpiPen, and Jext. See manufacturers' websites for further details.

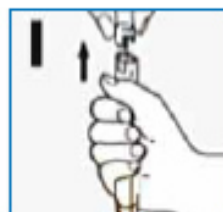
MORE INFORMATION

Anaphylaxis Campaign

 www.anaphylaxis.org.uk/schools

Department of Health, Social Services and public safety

 www.dhsspsni.gov.uk



Form fist around auto-injector (dominant hand).

PULL OFF SAFETY CAP



SWING AND PUSH TIP against outer thigh (with or without clothing) until a click is heard.



HOLD FIRMLY in place for 10 seconds.



REMOVE auto-injector. Massage injection site for 10 seconds.