



The Wolds Federation

Executive Headteacher Mrs E Harros

www.thewoldsfederation.co.uk

18 November 2025

Update regarding PE lessons

Dear Parents/Carers,

We are writing to inform you of an important update regarding our procedures during PE lessons.

Following the latest guidance from the Association for Physical Education (afPE), we are no longer permitted to tape over children's earrings or use tape as a method of covering pierced ears during physical activity. This change is part of updated national safety recommendations designed to reduce the risk of injury during PE and school sport.

What this means for your child:

- On days when your child has PE, all earrings must be removed before sessions start.
- Children who are unable to remove their own earrings should have them taken out at home prior to arrival.
- If earrings cannot be removed (for example, within the initial healing period after a new piercing), your child will unfortunately not be able to take part in PE activities that pose a risk.

We understand that this may require some adjustment, and we appreciate your cooperation in helping us follow national safety standards and keep all pupils safe during physical activity.

Thank you for your support.

Yours faithfully,

Mr S Lapworth
Sports Development Officer



Beswick and Watton CE (VC) Primary School
T: 01377 270339
E: beswick@eastriding.gov.uk



Bishop Wilton CE Primary School
T: 01759 368313
E: bishop.wilton@eastriding.gov.uk



Middleton on the Wolds CE Primary School
T: 01377 217323
E: middleton.primary@eastriding.gov.uk