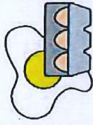
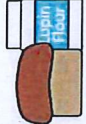
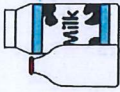
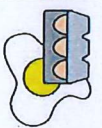
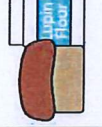
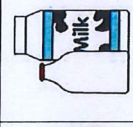
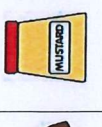
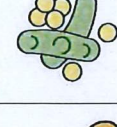
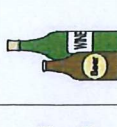


Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
PIZZA		✓					✓		M				M	
D.F G.F PIZZA														
Potato Wedges														
PEAS														
Lemon iced Cake		✓		✓			M						M	
D.F G.F Sponge														
Cheese Baguette		✓					✓					M		

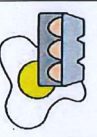
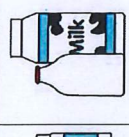
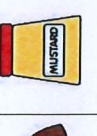
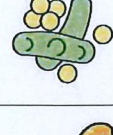
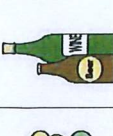
✓ = FOOD "CONTAINS"
 M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
Yoghurt							✓							
Jacket Potato														
BEANS														
Cheese							✓							

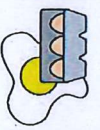
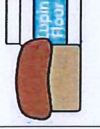
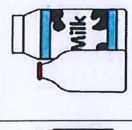
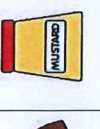
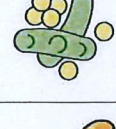
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Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
G.F. Meatballs														✓
Plant Based meatballs														
Tomato Sauce														
Pasta		✓												
Mixed Veg														
chocolate crunch		✓		✓										
MUSTARD							✓							

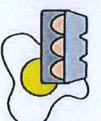
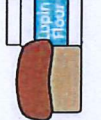
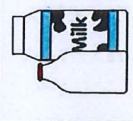
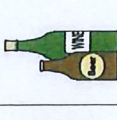
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Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Dairy Free Custard													✓	
Ham Baguette		✓										M		
Yoghurt							✓							
Jacket Potato														
Beans														
Cheese							✓							

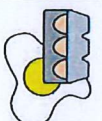
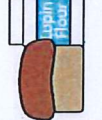
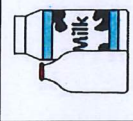
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Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Roast Chicken														
Quorn fillet		✓												
Stuffing		✓												
MASH Potato		M					✓							
Carrots + Broccoli														
Gravy														
Frozen Yoghurt							✓							

✓ = FOOD "CONTAINS"
 M = FOOD "MAY CONTAIN"

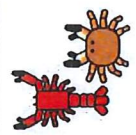
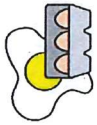
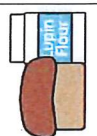
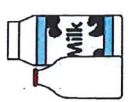
Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
Tinned Peaches														
Tuna baguette		✓			✓							M		
Yoghurts							✓							
Ices														
Smoothie														
Jacket POTATO														
BEANS														
Cheese							✓							

✓ = FOOD "CONTAINS"
 M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

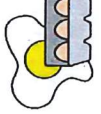
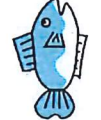
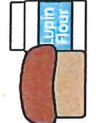
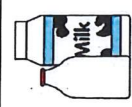
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
Sticky Soy & Honey Mince Beef													✓	
Soya mince													✓	
Rice														
Sweetcorn														
SALAD														
Coleslaw				✓										
Biscuit														
Fruit														

✓ = FOOD "CONTAINS"
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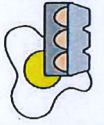
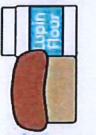
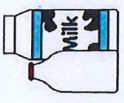
Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Ham baguette		✓										M		
Tacket POTATO														
CHEESE							✓							
BEANS														
Yoghurt							✓							

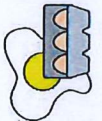
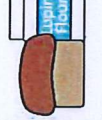
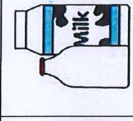
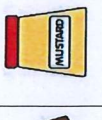
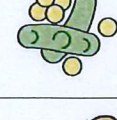
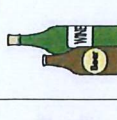
✓ = FOOD "CONTAINS"
M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Sausage	M	✓											M	✓
G.F Sausage														✓
vegie Sausage		✓												
Chips														
BEANS														
Chocolate Spag		✓		✓			M						M	
DF-GF Spag														

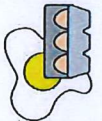
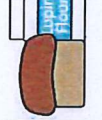
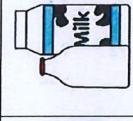
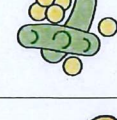
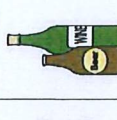
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Dishes and their allergen content: **WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY**
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
CUSTARD							✓							
OP CUSTARD														
Yoghurts							✓							
TACKET POTATO														
Cheese							✓							
Cheese baguette		✓					✓					M		

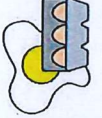
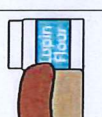
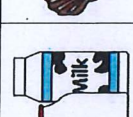
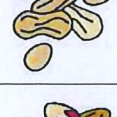
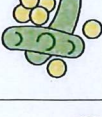
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Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Tomato Pasta Bake		✓												
G.F. Pasta Bake														
Sweet corn														
KECRAAM Roll		✓		✓			✓						✓	
Smoothie														
Tinned Fruit														
Cheese baguette		✓					✓					M		

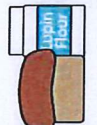
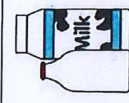
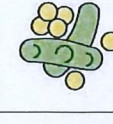
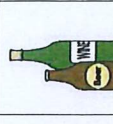
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Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
Yoghurt							✓							
Tacket POTATO														
BEANS														
CHEESE							✓							

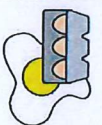
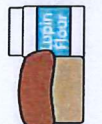
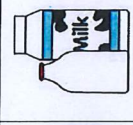
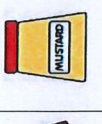
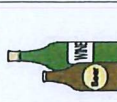
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Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
Yoghurts														
HAM baguette		✓										M		
Jacket POTATO														
BEANS														
CHEESE							✓							
GRAVY														

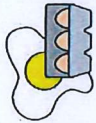
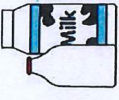
✓ = FOOD "CONTAINS"
 M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
Savoury Mince														
Soya mince													✓	
MASH POTATO							✓							
Cauli flour														
Peas														
JAM Sponge		✓		✓			m						m	
D.F G.F sponge														

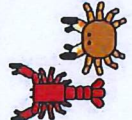
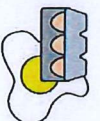
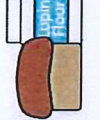
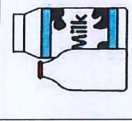
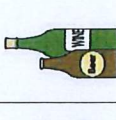
✓ = FOOD "CONTAINS"
 M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
Roast Pork														
Quorn fillet		✓												
Stuffing		✓												
SAUTÉ POTATOES														
Carrots														
Broccoli														
Gravy														

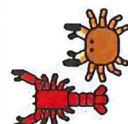
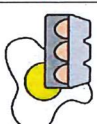
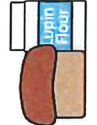
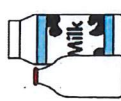
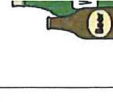
✓ = FOOD "CONTAINS"
 M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY
 (Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s))

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Chocolate Cakes		✓					✓							
D.F. Cakes		✓												
Tuna Baguette		✓			✓							M		
Jacket Potato														
Beans														
Cheese							✓							
Yoghurt							✓							

✓ = FOOD "CONTAINS"
 M = FOOD "MAY CONTAIN"

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

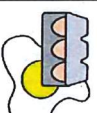
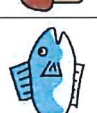
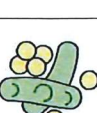
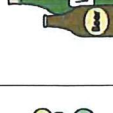
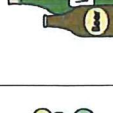
Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Chicken														
Quorn fillet		✓												
Sweet + sour														
Rice														
Mixed Veg														
SALAD														
Coleslaw				✓										
BANANA Sponge		✓		✓			M						M	

✓ = FOOD "CONTAINS"

M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

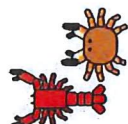
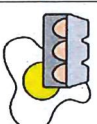
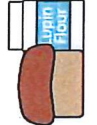
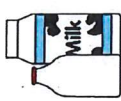
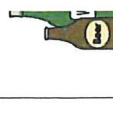
Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
D.F Sponge		✓												
HAM baguette		✓										M		
Jacket POTATO														
Cheese							✓							
BEANS														
Yoghurt							✓							

✓ = FOOD "CONTAINS"

M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

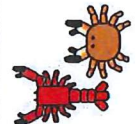
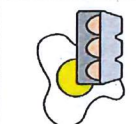
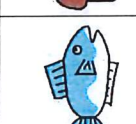
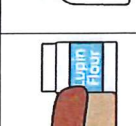
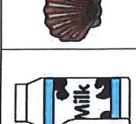
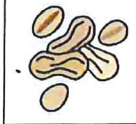
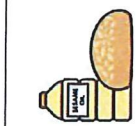
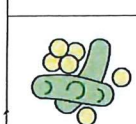
Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
BEef burger		✓											✓	✓
Vegetable burger														
Chips														
Beans														
Marble Sponge		✓		✓			M						M	
DF sponge		✓												
CUSTARD							✓							
DF CUSTARD														

✓ = FOOD "CONTAINS"

M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

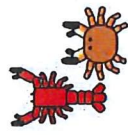
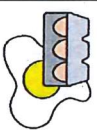
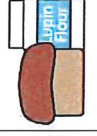
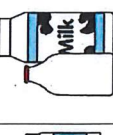
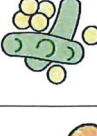
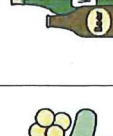
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes													
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Sulph Diox
Tuna Salad [example]	✓			✓	✓		✓		✓				
JACKET POTATO													
CHEESE							✓						
Yoghurt							✓						
Cheese BAGUETTE		✓					✓					M	
Bread Bun		✓										M	

✓ = FOOD "CONTAINS"
M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

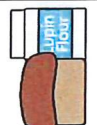
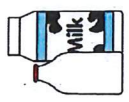
Dishes	 Celery	 Cereals containing gluten*	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts†	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Bolognese														
Soya mince Bolognese													✓	
Pasta		✓												
Mixed Veg														
Sponge		✓		✓			m						m	
Custard							✓							
DF sponge		✓												
DF Custard														

✓ = FOOD “CONTAINS”

M = FOOD “MAY CONTAIN”

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

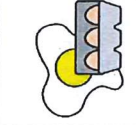
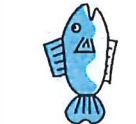
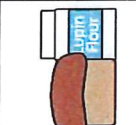
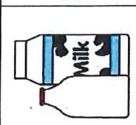
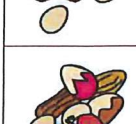
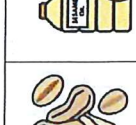
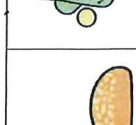
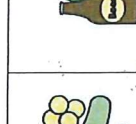
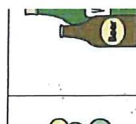
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulph Diox
Tuna Salad [example]	✓			✓	✓		✓		✓					
Apples														
Yoghurt							✓							
Cheese		✓					✓					M		
baguette														
Jacket POTATO														
BEANS														
Cheese							✓							

✓ = FOOD "CONTAINS"
M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulph Diox
Tuna Salad [example]	✓			✓	✓		✓		✓					
SAUSAGE	M	✓											M	✓
BACON														
veggie Sausage		✓												
Tomato														
HASH BROWN		M					M							
BEANS														
Bread		✓												
HAM baguette		✓										M		

✓ = FOOD "CONTAINS"

M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

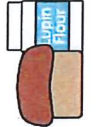
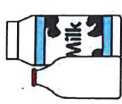
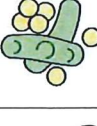
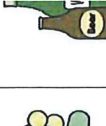
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes	 Celery	 Cereals containing gluten*	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts†	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
JACKET POTATO														
CHEESE							✓							
ICE CREAM							✓							
SMOOTHIE														
Tinned Fruit														
YOGHURT							✓							

✓ = FOOD "CONTAINS"
M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

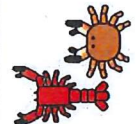
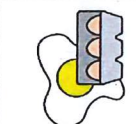
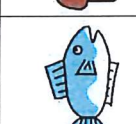
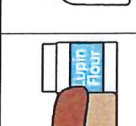
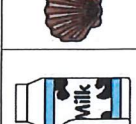
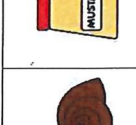
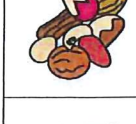
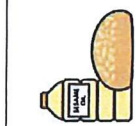
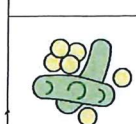
Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
BRAISED Diced Beef														
Quorn Fillet		✓												
Yorkshire Pudding		✓		✓			✓							
MASH		M					✓							
Carrots														
Broccoli														
GRAVY														
TUNA Baguette		✓			✓							M		

✓ = FOOD "CONTAINS"

M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

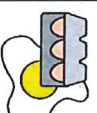
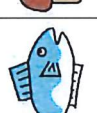
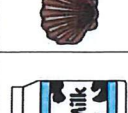
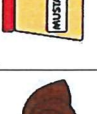
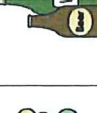
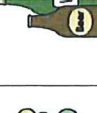
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Jelly														
Tinned fruit														
Yoghurts							✓							
Jacket POTATO							✓							
Cheese							✓							
BEANS														

✓ = FOOD "CONTAINS"
M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

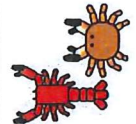
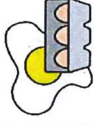
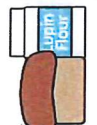
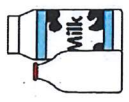
Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
JACKET POTATO														
BEANS														
CHEESE							✓							
Yoghurt							✓							
Ham baguette		✓										M		

✓ = FOOD "CONTAINS"

M = FOOD "MAY CONTAIN"

Dishes and their allergen content: WEEK: 1 / 2 / 3 DAY: MONDAY TUESDAY WEDNESDAY THURSDAY .FRIDAY

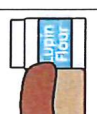
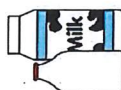
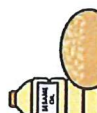
(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Marinaded Chicken														
Quorn nuggets		✓												
Wrap		✓												
Rice														
S/corn														
Salad														
Coleslaw				✓										
Cookies		✓												

✓ = FOOD "CONTAINS"

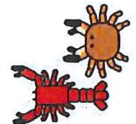
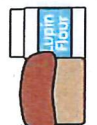
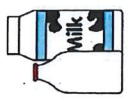
M = FOOD "MAY CONTAIN"

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes	 Celery	 Cereals containing gluten*	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts†	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
FISH FILLET		✓												
Vegetable nuggles		✓												
Chips														
PEAS														
Choc Sponge		✓		✓			M						M	
DF sponge		✓												
CUSTARD							✓							
DF CUSTARD														

✓ = FOOD "CONTAINS"
M = FOOD "MAY CONTAIN"

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
Tuna Salad [example]	✓			✓	✓		✓		✓					
TACKET POTATO														
BEANS														
CHEESE							✓							
CHEESE BALETTE		✓					✓					m		
MOCHART							✓							

✓ = FOOD "CONTAINS"
M = FOOD "MAY CONTAIN"